

FACULTY:



From L to R: Mrs. Deepika, Dr. Prathvi Nandalike, Dr. Kishore Kumar Ubrangala, Dr. Prabha Adhikari M R, Dr. Humera Naaz, Miss.Kavyashree.

12. AWARDS AND RECOGNITIONS:

AWARDS:

Dr Prabha Adhikari:

1. Received the State award for Geriatric clinic for the Best Geriatric services in the state for the Yenepoya Medical College year 2017-2018 at World Elder's Day on 01-10-2018 from the Chief Minister of Karnataka.
2. National award- Received the "Appreciation award" for maximum Geriatric activities in south zone for the year 2017-2018 by Geriatric Society for India awarded Dr. Prabha Adhikari on 27-10-2018 at National Conference of Geriatric Society of India 2018.
3. Received life-time achievement state award for distinguished services at KAPICON 2019 held at Balagavi on 31-05-2019.
4. Good teacher award for the outstanding contribution in teaching on the occasion of Teacher Day held on 05-09-2019 at EMD Auditorium

RECOGNITIONS:

Dr Prabha Adhikari:

1. Invited faculty to deliver a lecture on – 'Exercise prescription for Diabetes, How much is too much' - at International Diabetes Update held at Chennai from 19-21st July 2018.
2. Was one of the guest-of-honour for the Inaugural function for the meeting on Senior citizens rights conducted by the department of Social Justice and District Health Officer on 19-07-2018.

Dr. Gangadhara Somayaji K S
Registrar
Yenepoya (Deemed to be University)
Mangalore

3. Honoured at National Geriatric Conclave held at New Delhi by Apollo group of Hospitals and Geriatric Society of India on 20th and 21st of April for contributing a chapter in book in the Handbook of Geriatric Care.

4. **President of Geriatric Society of India for the year 2019-20.**

13. EXTENSION ACTIVITIES (Campus/awareness programmes/any other):

June 2018 – May 2019:

1. Visiting “Susheg Trust” residential care facility for Neuropalliative care regularly.
2. 14 module cognitive simulation activities have been started for 22 people as a weekly activity under the direction of Dr Prabha Adhikari at Chethana premises every Saturday
3. in association with Spoorthi Trust from 22-05-2019.

June 2019 – May 2020:

1. Visiting “Susheg Trust” residential care facility for Neuropalliative care regularly.
2. Continuing modules 2-6 of Cognitive stimulation activity for 24 elders who were screened for cognition under Anantha Sowkya project of Seva Bharathi Trust on 06-06-2019, 13-06-2019, 20-06-2019, 27-06-2019.
3. Participated in Yoga Marathon organized by Yenepoya University on 22-06-2019
4. Awareness Memory walk: launch of World Alzheimer’s month on 31-08-2019, 08-10 AM
5. Online free Telemedicine consultation – 64 Patients

June 2020 - May 2021:

1. Online exercise programme for elderly through Google meet daily on 04-07-2020
2. Online Yoga training : A month long programme from 03-08-2020 to 03-09-2020 (daily one hour training).

PHOTO GALLERY:

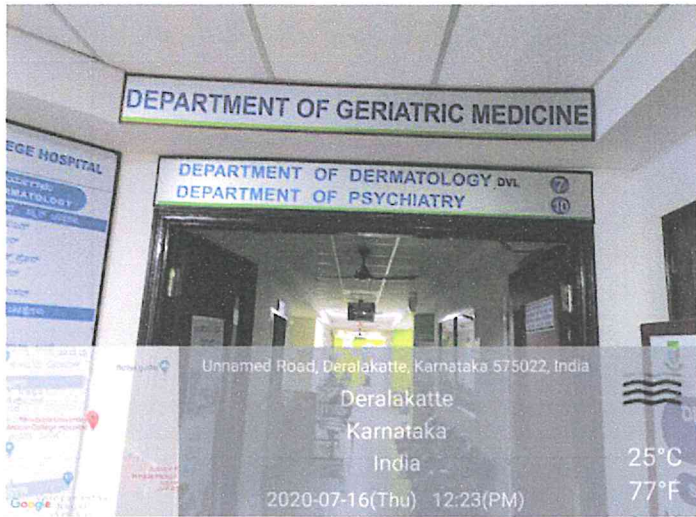


Yenepoya Geriatric services was recognised by the Govt. of Karnataka by a State award of Rs.1 lakh and a Plaque, from the Chief Minister on ' World Elders Day Celebrations' on 01.10.2018.



Dr. Prabha Adhikari addressing the gathering on World Alzheimer's day 2019 at Town hall, Mangaluru. Dr. Olinda Periera (late) can be seen in the picture (2nd from left).

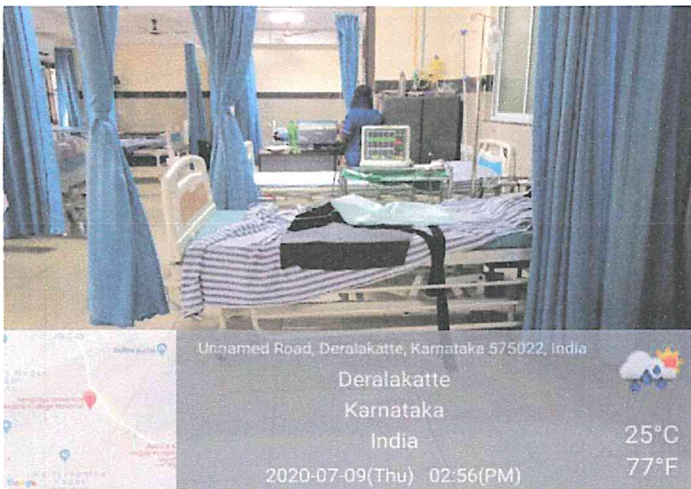
Dr. Gangadhara Somayaji K S
Registrar
Yenepoya (Deemed to be University)
University Road
Mangalore 575



Out Patient Wing



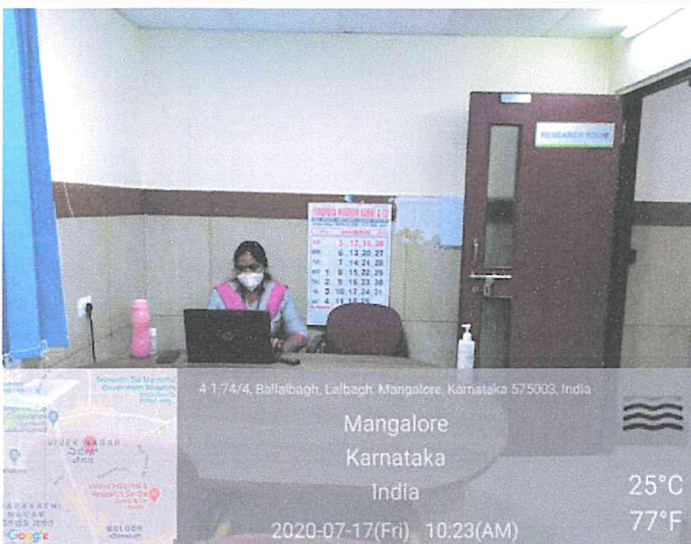
Geriatric clinic



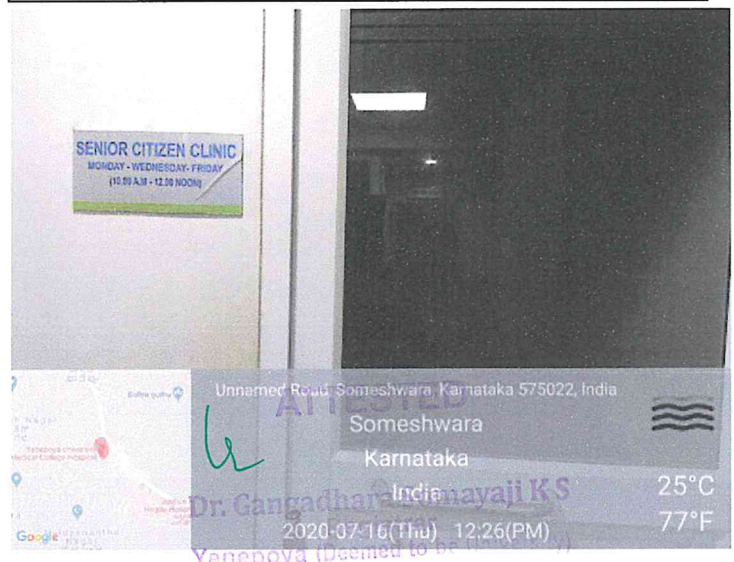
Geriatric ward



Intensive care unit



Research room



Senior citizen clinic



Out Patient Wing

YENEPOYA MEDICAL COLLEGE HOSPITAL
DEPARTMENT OF GERIATRIC MEDICINE
ಹಿರಿಯ ನಾಗರಿಕರ ತಜ್ಞಾಸಹಾಯ ಕ್ಷೇತ್ರ

SERVICE OFFERED

- COMPREHENSIVE GERIATRIC ASSESSMENT AND REHABILITATION.
- MEMORY TESTING & SCREENING FOR DEPRESSION.
- VACCINATION CLINIC.
- INCONTINENCE ASSESSMENT.
- POLYPHARMACY CONSULTATION.
- FALLS & FRACTURE RISK ASSESSMENT.
- FRAILTY ASSESSMENT.
- SUPPORTIVE CARE, LONG TERM CARE, PALLIATIVE CARE.
- CHRONIC DISEASES MANAGEMENT.
- HEALTHY AGEING COUNSELING.

ಸೌಲಭ್ಯಗಳು

- ಹಿರಿಯ ನಾಗರಿಕರ ಸಮಗ್ರ ಆರೋಗ್ಯ ಯೋಜನೆ.
- ನೆನಪು ಪತ್ತೆ ಯೋಜನೆ ಮತ್ತು ಚಿಕಿತ್ಸೆ.
- ರೋಗ ನಿರೋಧಕ ಚಿಕಿತ್ಸೆಯನ್ನು ಸಲಹೆ.
- ಮೂತ್ರ ನಿರಂತರತೆಗೆ ಸಲಹೆ, ಚಿಕಿತ್ಸೆ.
- ಪಾಲಿಫಾರ್ಮಿ ಔಷಧಿಗಳನ್ನು ಪರಿಶೀಲಿಸಿ ರೋಗಗಳಿಗೆ ಮಿತಿಗೊಳಿಸುವ ಸಲಹೆ.
- ಬೀಳುವಿಕೆಯ ಅಪಾಯ ಅಂದಾಜಿಸುವಿಕೆ, ಮೂಳೆ ಮುರಿದು ಹೋಗುವ ಅಪಾಯ ಅಂದಾಜಿಸುವಿಕೆ ಯೋಜನೆ.
- ನಿರ್ಲಕ್ಷ್ಯದ ಪರಿಹಾರ.
- ದೀರ್ಘಕಾಲದ ರೋಗಗಳಾದ ಮಧುಮೇಹ, ಅಧಿಮಾಂಸ, ರಕ್ತಚಿಹ್ನೆ, ಮೂತ್ರವಿರೋಧಿ, ಹೃದಯದ ಅನಿರೀಕ್ಷಿಸಿದ ಸ್ಥಿತಿಯ ನಿರ್ವಹಣೆ.
- ಆರೋಗ್ಯಕರ ಬದುಕಿನ ಶೈಲಿ ಸಮಾಲೋಚನೆ.
- ಸಾಂಪ್ರದಾಯಿಕ, ಮೃದುವಾದ ಯೋಜನೆ ಮತ್ತು ಪರಿಹಾರಗಳನ್ನು ನೀಡುವುದು.

Geriatric Service offered



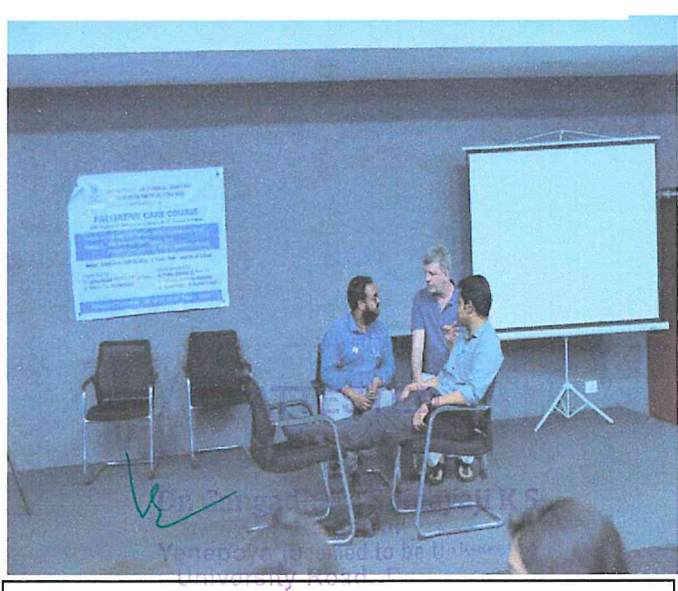
Palliative care course inauguration on 14.08.2019.



Palliative care course inauguration



Palliative care course - in action



Palliative care course - 'breaking the bad news' session training by Mr. John Becker,



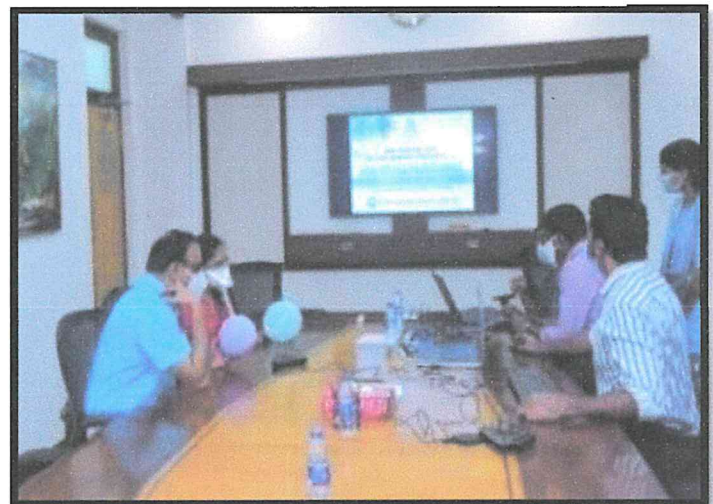
Yen Music Med on 16th – 18th September 2020



Yen Music Med on 16th – 18th September 2020



Palliative care centre inauguration



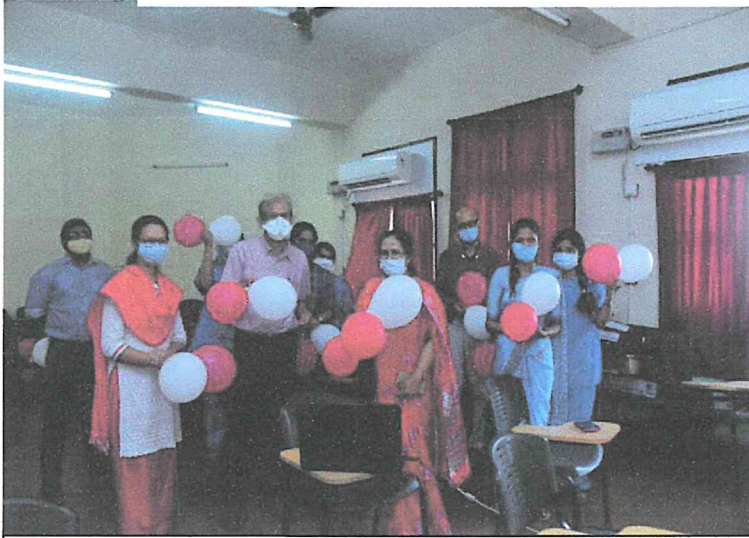
Yen senior active ageing programme inauguration on 04.07.2020



World Elders Day Day: 25 June 2019



World Elder Abuse Awareness on 14 August 2019



Alzheimer's month inauguration on 01.09.2020



Alzheimer's day celebration on 21.09.2020 at Kadri park, Mangaluru.



Intern's training using SIM lab simulation



Intern's training using SIM lab simulation

Management of Pain
with emphasis on
Palliative care

Dr. Kishore Kumar Ubrangala, MD
Professor, Dept. of Geriatric Medicine, Yenepoya
Medical College
01.07.2020



Undergraduate theory online class



Dr. Prabha Adhikari replying to elder's questions during her live talk show on Namma Kudla channel on 17.09.2020.



MOU with Olavinahalli - 05.02.2020



MOU with Sri Sai Seva Prathistanam - 05.02.2020



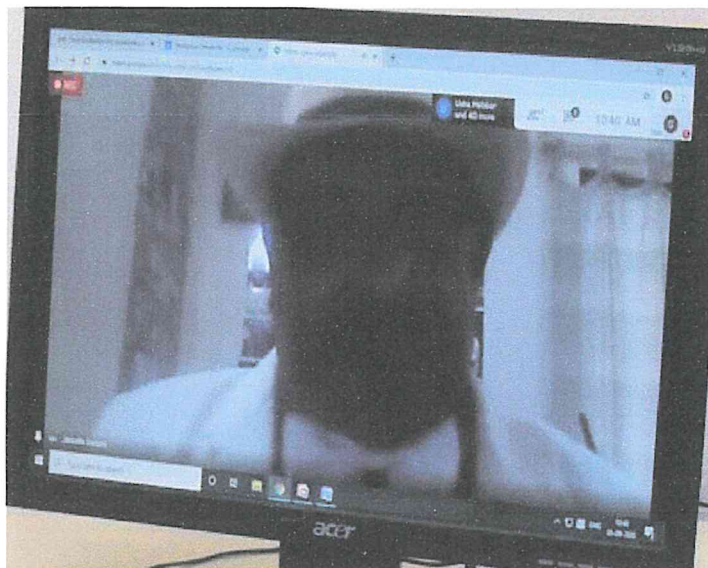
MOU with Susheg Charitable Trust - 05.02.2020



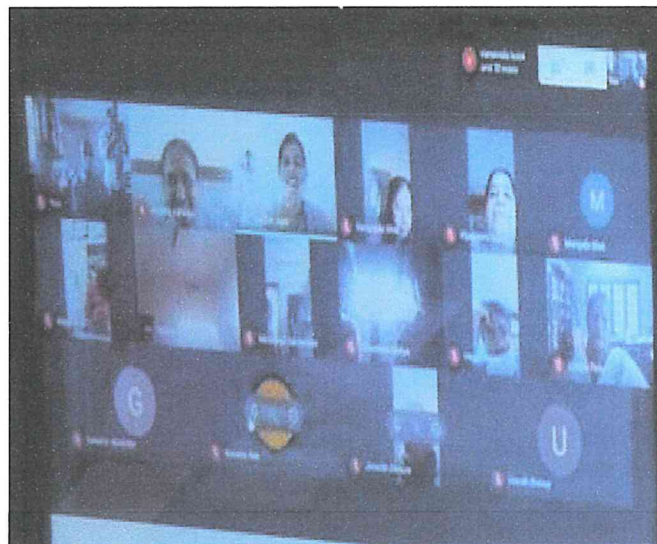
Home care - Dr. Prabha Adhikari attending a patient during home care visit

ATTESTED

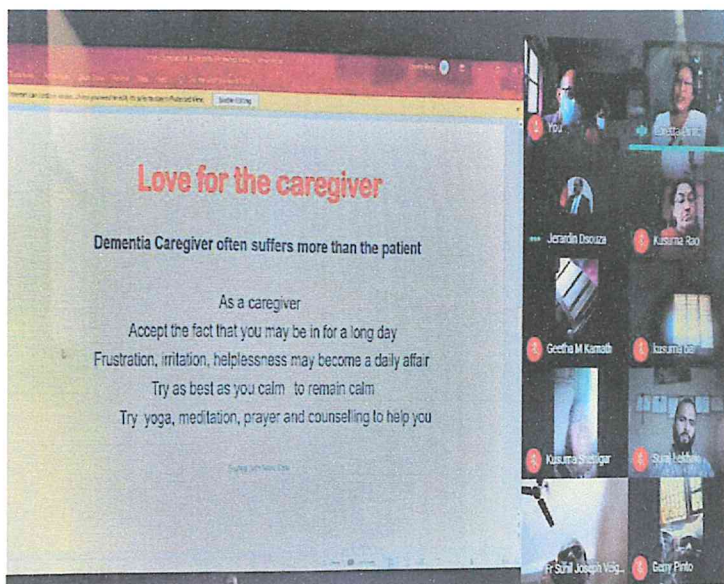

Dr. Gangadhara Somayaji KS
Registrar
Yenepoya (Deemed to be University)
University Road, Derol
Mangalore 575 018



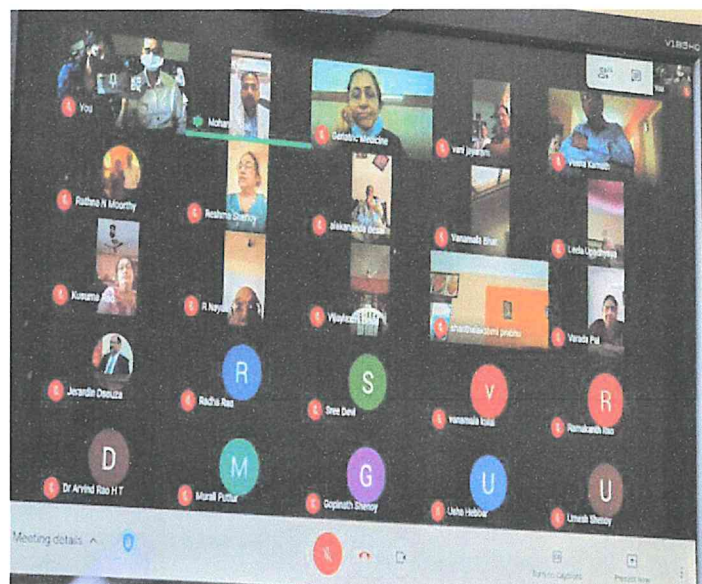
Dr Olinda Periera memorial Public lecture series: Mr. Jeradin D Souza, President, Mangalore Alzheimer`s Association - speaking on 'What is Dementia' on 05.09.2020.



Dr Olinda Periera memorial Public lecture series: Dr. Varsha Reddy, Assistant Professor of Geriatric Medicine, Devraj Urs University, Kolar - speaking on 'Hypertension control in Midlife' on 12.09.2020.



Dr Olinda Periera memorial Public lecture series: Ms. Loretta Pinto, Founder director Susheg Neuropalliative care home, Mangalore - speaking on 'Love never forgets' on 19.09.2020.



Dr Olinda Periera memorial Public lecture series: Mr. Mohan Raj, CEO Bright HR solutions Sterlings Mangalore - speaking on 'Home care for older people -Bright HR experience' on 03.10.2020.

Dr. Gangadhara Somayaji
Registrar
Yenopoya (Deemed to be)
University
Mangalore



Dr Olinda Periera memorial Public lecture series: Dr. Prem Narsimhan, Consultant Geriatrician, Jaslock Hospital Mumbai speaking on 'Managing multiple medications in older people' on 26.09.2020




Participated in Yoga Marathon organized by Yenepoya University on 22-06-2019



Geriatric camp



Geriatric camp


 Dr. Gangadhara Somashekhar
 Registrar
 Yenepoya (Deemed to be University)
 Mangalore, Karnataka, India.